

## WORKERS' COMPENSATION CHECKLIST



- REPORT THE ACCIDENT TO A SUPERVISOR OR YOUR EMPLOYER AS SOON AS POSSIBLE.
- MAKE SURE A WRITTEN REPORT IS MADE AND YOU GET A COPY OF THE REPORT.
- SEE A PANEL PHYSICIAN.
- IF THERE IS NO POSTED PANEL, GO TO A DOCTOR OF YOUR CHOICE.
- IN AN EMERGENCY, YOU MAY GO TO THE NEAREST HOSPITAL, ER OR YOUR PERSONAL DOCTOR.
- FOLLOW YOUR DOCTOR'S INSTRUCTIONS.
- IF A DOCTOR RESTRICTS OR EXCUSES YOU FROM WORK, GET IT IN WRITING. KEEP A COPY AND FORWARD A COPY TO YOUR EMPLOYER.
- KNOW WHO THE INSURANCE COMPANY IS. YOU MAY SPEAK TO THE ADJUSTER, BUT KEEP YOUR COMMENTS TO A MINIMUM.
- DO NOT SIGN ANYTHING WITHOUT THE ADVICE OF AN ATTORNEY.
- CALL THE MONK LAW FIRM FOR A FREE CONSULTATION.